

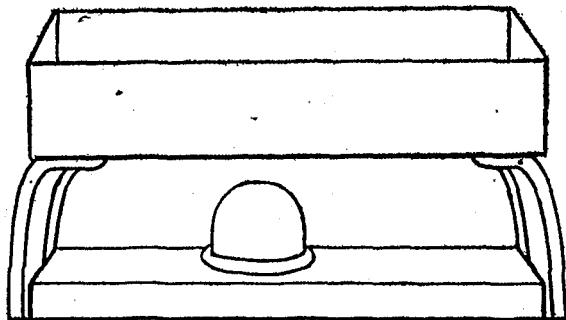
Practical Points.

Miniature Steriliser for District Bag.

The Miniature Steriliser of which, by the kind permission of the inventor, we give an illustration, has been designed by Miss Else M. M. Böge, Lady Superintendent of the Q.V.J. Nurses' Home, 80, Nichols Square, Hackney Road, N.E. It is intended to be carried in a District Nurses' Bag, and is suitable for boiling catheters, nozzles, drainage tubes and instruments, &c. It is small and light, measuring only 8 in. by 1½ in., and weighing 7½ oz., at the same time it is strongly made by hand, so that it will stand a considerable amount of wear.

Miss Böge for some time felt that there was a need for something of the kind if the work of district nurses was to be kept up to date, and the present compact steriliser is the result of her effort to design something suitable and portable.

It should be known to all district nurses, and the price is within reach of everyone, as the steriliser may be obtained post free from Miss Böge at



MINIATURE STERILISER FOR DISTRICT BAG.

the above address for 3s. 2½d. It is intended to hand over any profits which may be made on the steriliser, to the Hon. Treasurer of the Home. We hope that Miss Böge will send the steriliser to the Nursing Exhibition next May, so that many nurses may have an opportunity of seeing it.

Barley Water and Egg Albumen for Infants.

Dr. W. H. de Witt presents barley water and egg albumen, in proper proportion according to the age of the patient, as being a combination that can be relied upon when necessary to resort to artificial feeding. The barley meal should invariably be used instead of the whole grain and the albumen should simply be thoroughly incorporated with the barley water by stirring, never by beating the egg as in the preparation of cakes.

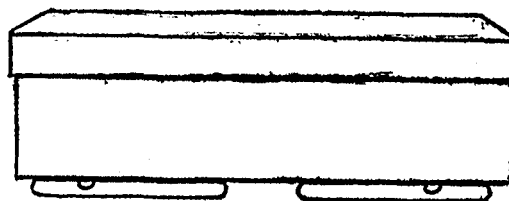
Dr. de Witt cites the case of a four-weeks-old child who was rapidly emaciating from lack of assimilation and frequent vomiting and diarrhoea. In twenty-four hours from the time this food was administered the vomiting and diarrhoea had ceased and the child presented unmistakable evidence of general improvement. This continued, the little

patient gained rapidly in weight and had no return of the gastro-intestinal trouble. All his other cases have responded in the same characteristic manner.

Bread and milk, according to the care with which it is prepared, can be either most distasteful or delicious. Our way of making it is as follows:—Cut thin slices of yesterday's bread, toast slowly to a uniform golden brown—crisp and hot, break into a heated bowl. Meanwhile the milk is brought to the boil in an enamelled sweet saucepan, and when bubbling poured over the toast and served at once. A little cream added is nourishing and delicious. This is quite a dream of a diet, and in no way resembles a sticky bread poultice sometimes served as "bread-and-milk."

Material for Operating Room Floors.

Writing in the *National Hospital Record*, Mr. Edmund M. Wheelwright advocates the use of small octagonal vitrified tiles for the floors of operating rooms. Not only are they pleasing to the eye, but



they are non-absorbent, and are not in danger of disfigurement by cracking. Where terrazzo is used it should be divided at short intervals by marble strips to provide against irregular cracking, which is always to be feared with a large concrete surface. There are few hospitals in which terrazzo is used in which unsightly cracks do not appear.

The Cradle.

In a paper in the *St. Louis Medical Review*, Dr. J. Zahorsky protests vigorously against the fashion of using no cradle for pacifying children. He considers the cradle a hundred times less objectionable than the modern devices which have been forced in place of it, such as the rubber pacifier, soothing syrups, &c. He urges that the cradle be returned to the nursery, especially in those homes where no nurse or nursery maid attends the baby. He considers the cradle one of the best therapeutic agents for a nervous baby or a sick one. It is easier on the mother and it is far preferable to the pacifier or paregoric. The irritability and peevishness in infants vary to such an extent that ordinary rules in regard to hygiene and management must often be very much modified. Here is where the cradle can be used to advantage.

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